

Chapter 3. Health Promotion

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. Which of the following is a primary prevention measure for a 76-year-old man newly diagnosed with a testosterone deficiency?
 - a. Calcium supplementation
 - b. Testicular self-examination
 - c. Bone density test
 - d. Digital rectal examination

- _____ 2. Which of the following is an example of secondary prevention in a 50-year-old woman?
 - a. Yearly mammogram
 - b. Low animal fat diet
 - c. Use of seat belt
 - d. Daily application of sunscreen

- _____ 3. Which of the following is an example of tertiary prevention in a patient with chronic renal failure?
 - a. Fluid restriction
 - b. Hemodialysis 4 days a week
 - c. High-protein diet
 - d. Maintenance of blood pressure at 120/80

- _____ 4. Immunizations are an example of which type of prevention?
 - a. Primary
 - b. Secondary
 - c. Tertiary

True/False

Indicate whether the statement is true or false.

- _____ 1. Prevalence is the number of new cases of a particular disease.

- _____ 2. The number of cases of a particular disease for the past 5 years is an example of the incidence rate.

- _____ 3. “There are 1,185,000 cases of HIV/AIDS in the United States” is an example of the morbidity rate.

- _____ 4. *Endemic* is the term used when the presence of an event is constant.

- _____ 5. The “bird” flu of 2005 to 2006 is considered a sporadic outbreak.

- _____ 6. A pandemic affects many communities in a short period of time.

Chapter 3. Health Promotion Answer Section

MULTIPLE CHOICE

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|-----------|--------|
| 1. ANS: A | PTS: 1 |
| 2. ANS: A | PTS: 1 |
| 3. ANS: B | PTS: 1 |
| 4. ANS: A | PTS: 1 |

TRUE/FALSE

- | | |
|-----------|--------|
| 1. ANS: F | PTS: 1 |
| 2. ANS: F | PTS: 1 |
| 3. ANS: T | PTS: 1 |
| 4. ANS: T | PTS: 1 |
| 5. ANS: F | PTS: 1 |
| 6. ANS: T | PTS: 1 |