

Chapter 02 - Biological Beginnings

**Chapter 02**  
**Biological Beginnings**

**Multiple Choice Questions**

1. \_\_\_\_\_ selection is the evolutionary process by which those individuals of a species that are best adapted to their environment are the ones that are most likely to survive and reproduce.

- A. Natural
- B. Environmental
- C. Random
- D. Necessary

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Natural Selection*

2. According to the concept of natural selection, the best-adapted individuals:

- A. are more likely to survive and leave the most offspring.
- B. are more likely to succumb to the depletion of environmental resources in an area.
- C. are less likely to reproduce than their less well-adapted peers.
- D. are not present in most cultures.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Adaptive Behavior*

3. \_\_\_\_\_ psychology emphasizes the importance of adaptation, reproduction, and “survival of the fittest” in shaping behavior.

- A. Psychoanalytic
- B. Cognitive
- C. Evolutionary
- D. Humanistic

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Evolutionary Psychology*

4. According to evolutionary psychology, the observed advantage in spatial skills for men over women might be the result of:

- A. better education available to males.
- B. the need to track and slay one's food to survive.**
- C. males' tendency to play video games.
- D. males gathering seeds to plant for food.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Evolutionary Psychology*

5. According to evolutionary developmental psychologists, many evolved psychological mechanisms are \_\_\_\_\_. That is, the mechanisms apply only to a specific aspect of a person's makeup.

- A. domain-specific
- B. maladjusted
- C. non-operational
- D. general purpose devices

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Evolutionary Developmental Psychology*

6. The food-scarce environment of our ancestors likely led to humans' propensity to gorge when food is available and to crave high-caloric foods—a trait that might lead to an epidemic of obesity when food is plentiful. This illustrates how:

- A. socialization influences the development of behavior and cognitive skills in human beings.
- B. evolved mechanisms are not always adaptive in contemporary society.**
- C. organisms pass on characteristics they had acquired during their lifetime to their offspring.
- D. the benefits of evolutionary selection decrease with age.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Evolutionary Developmental Psychology*

7. \_\_\_\_\_, the units of hereditary information, are short segments of DNA. They direct cells to reproduce themselves and to assemble proteins.

- A.** Genes
- B. Chromosomes
- C. RNA
- D. Ribosomes

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

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8. The nucleus of each human cell contains \_\_\_\_\_, which are threadlike structures made up of deoxyribonucleic acid (DNA).

- A. mitochondria
- B. ribosomes
- C. chromosomes
- D. mesosomes

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*



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9. \_\_\_\_\_ are the building blocks of cells as well as the regulators that direct the body's processes.

- A. Genes
- B. Proteins**
- C. Ribosomes
- D. DNA

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

10. The genome-wide association method is used to:

- A. identify genetic variations linked to a particular disease.
- B. uncover the role of the environment in our decision-making processes.
- C. identify individuals who have cancer.
- D. improve exercise and nutrition for pregnant women.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

11. New studies using the genome-wide association method have focused on all of the following EXCEPT:

- A. Obesity
- B. Cardiovascular disease
- C. Alzheimer disease
- D.** Creativity

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

12. According to recent studies, the number of protein-producing genes is predicted to be:

- A. greater than 100,000.
- B. greater than 200,000.
- C. less than 5,000.
- D.** less than 20,000.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

13. Which of the following statements about the activity of genes is TRUE?

- A. Genes are not collaborative.
- B. A single gene codes for a single, specific protein.
- C. Genetic expression is unaffected by environmental factors.
- D.** Events inside of the cell can excite or inhibit genetic expression.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

14. \_\_\_\_\_ is a stage in reproduction whereby an egg and a sperm fuse to create a single cell.

- A.** Fertilization
- B. Osmosis
- C. Meiosis
- D. Mitosis

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Fertilization*

15. During the process of \_\_\_\_\_, the cell's nucleus—including the chromosomes—duplicates itself and the cell divides, resulting in the formation of two cells.

- A. meiosis
- B. osmosis
- C. fertilization
- D.** mitosis

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Mitosis*

16. Which of the following is TRUE of mitosis in humans?

- A. Mitosis is the cellular reproduction that occurs in the sperm and egg cells.
- B. Mitosis results in the formation of four new cells.
- C. Mitosis results in the formation of new cells with 23 pairs of chromosomes.
- D. Mitosis results in the formation of three new cells.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Mitosis*



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17. A cell which contains 12 pairs of chromosomes divides by mitosis to form two new cells. How many pairs of chromosomes does each new cell contain?

- A. 12
- B. 23
- C. 6
- D. 48

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Mitosis*

18. During \_\_\_\_\_, a cell of the testes in men or ovaries in women duplicates its chromosomes and then divides twice, thus forming four cells, each of which has only half the genetic material of the parent cell.

- A. meiosis
- B. mitosis
- C. osmosis
- D. fertilization

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Meiosis*

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19. In human beings, by the end of meiosis, each egg or sperm has \_\_\_\_\_ chromosomes.

- A. 46 paired
- B. 23 unpaired**
- C. 23 paired
- D. 46 unpaired

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Meiosis*

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20. During fertilization, an egg and a sperm fuse to create a single cell called a:

- A. blastocyst.
- B. fetus.
- C. gamete.
- D.** zygote.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Fertilization*

21. A mistake by the cellular machinery, or damage from an environmental agent such as radiation, may produce a \_\_\_\_\_, which is a permanently altered segment of DNA.

- A. susceptibility gene
- B. vulnerability gene
- C. longevity gene
- D.** mutated gene

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

22. \_\_\_\_\_ genes are those that make the individual more vulnerable to specific diseases or acceleration of aging.

- A.** Susceptibility
- B. Longevity
- C. Vulnerability
- D. Mutated

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

23. Ethel is 50 years old but appears much more aged in appearance. Most of Ethel's relatives don't live past the age of 60. Which of the following genes are responsible for the accelerated aging that is observed in Ethel and her family members?

- A.** Susceptibility genes
- B. Longevity genes
- C. Vulnerability genes
- D. Mutated genes

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

24. \_\_\_\_\_ genes are those that make the individual less vulnerable to certain diseases and more likely to live to an older age.

- A. Susceptibility
- B. Longevity**
- C. Vulnerability
- D. Mutated

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*



25. Erin is 90 years old. She has relatively good health and is fully mobile. Most of Erin's blood relatives lived to a ripe, old age. Which of the following genes might be responsible for this?

- A. Susceptibility genes
- B. Longevity genes**
- C. Vulnerability genes
- D. Mutated genes

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

26. Emma and Anna are identical twins who were adopted by different families a few weeks after birth. Although genetically identical, they grew up with different physical and psychological characteristics. For example, though both inherited a tendency to grow large, Anna was slim and athletic due to the active lifestyle practiced in her adoptive family. This variability can be explained by how:

- A. each zygote is unique.
- B. longevity genes can make an individual less vulnerable to certain diseases.
- C. for each genotype, a range of phenotypes can be expressed.
- D. mutated genes can be a source of genetic variability.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

27. \_\_\_\_\_ is the way an individual's genotype is expressed in observable and measurable characteristics.

- A. RNA
- B. DNA
- C. Phenotype**
- D. Stereotype

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

28. Marly describes her friend, Gina, as having blonde hair, green eyes, and fair skin with freckles. Marly has described Gina's:

- A. genotype.
- B. genetic imprint.
- C. phenotype.
- D. X-linked inheritance.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

29. In some cases, one gene of a pair always exerts its effects, overriding the potential influence of the other gene. This is the \_\_\_\_\_ principle.

- A. sex-linked genes
- B. dominant-recessive genes**
- C. genetic imprinting
- D. polygenic inheritance

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Dominant-Recessive Genes*

30. Clark's genotype contains a dominant gene for brown eye color and a recessive gene for blue eye color. According to the dominant-recessive gene principle, which of the following phenotypes is most likely to be observed in Clark?

- A. Black eyes
- B. Blue eyes
- C. Grey eyes
- D. Brown eyes**

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Dominant-Recessive Genes*

31. Mary's mother has blonde hair and her father has brown hair. Mary has a gene for brown hair and a gene for blonde hair. She has brown hair. This indicates that the gene for brown hair is a:

- A. dominant gene.
- B. recessive gene.
- C. susceptible gene.
- D. longevity gene.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Dominant-Recessive Genes*

32. Carrie's parents both have brown hair. However, Carrie gets genes for blonde hair from both parents, and as a result she has blonde hair. This indicates that the gene for blonde hair is a:

- A. recessive gene.
- B. dominant gene.
- C. susceptibility gene.
- D. longevity gene.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Dominant-Recessive Genes*



33. A recessive gene exerts its influence only if:

- A. both genes in a pair are recessive.
- B. it is the stronger gene.
- C. the environment is right.
- D. the dominant gene is also present in the pair.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Dominant-Recessive Genes*

34. When a mutated gene is carried on the X chromosome, the result is called:

- A. X-linked inheritance.
- B. Y-linked inheritance.
- C. polygenic inheritance.
- D. dominant inheritance.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Genes*

35. Who is MOST likely to develop an X-linked disease?

- A. Males
- B. Females
- C. Both males and females
- D. Neither males nor females

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Genes*

36. According to your text, gene-gene interactions have been documented in all of the following EXCEPT:

- A. Alcoholism
- B. Asthma
- C. Arthritis
- D.** Social referencing

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Polygenic Inheritance*

37. Which of the following is an example of chromosomal abnormality that occurs when whole chromosomes do not separate properly during meiosis?

- A.** Down syndrome
- B. Hemophilia
- C. Huntington's disease
- D. Sickle-cell anemia

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Down Syndrome*

38. Jason was born with \_\_\_\_\_. The doctor tells his parents that this genetic disorder occurred because he has an extra copy of chromosome 21.

- A. Fragile X syndrome
- B. Klinefelter disease
- C. Down syndrome
- D. Tay-Sachs disease

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Down Syndrome*

39. Which of the following is TRUE of Down syndrome?

- A. It primarily occurs in African-American children.
- B. It occurs when genetic imprinting goes awry.
- C. Its symptoms include retardation of motor and mental abilities.
- D. It is caused by the presence of an extra copy of chromosome Y.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Down Syndrome*

40. Which of the following women has the highest probability of giving birth to a child with Down syndrome?

- A. Sarah, a 21-year-old Asian woman
- B. Jane, a 41-year-old Euro-American woman**
- C. Ella, a 27-year-old African-American woman
- D. Destiny, a 38-year-old African-American woman

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Down Syndrome*



41. Klinefelter syndrome affects:

- A. only males.
- B. only females.
- C. both males and females equally.
- D. more females than males.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Chromosomal Abnormalities*

42. Tristan has a genetic disorder that results from an abnormality in the X chromosome, which becomes constricted and often breaks. His doctor told Tristan's mother that he has:

- A.** Fragile X syndrome.
- B. XYY syndrome.
- C. Turner syndrome.
- D. Tay-Sachs disease.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Chromosomal Abnormalities*

43. Angelique has a chromosomal disorder characterized by a missing X chromosome, making her XO instead of XX. Angelique's doctors have diagnosed her with:

- A. Fragile X syndrome.
- B. the XYY syndrome.
- C. Klinefelter syndrome.
- D.** Turner syndrome.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Chromosomal Abnormalities*

44. Turner syndrome occurs exclusively in:

- A. females.
- B. males.
- C. people of Middle Eastern descent.
- D. people of Jewish descent.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sex-Linked Chromosomal Abnormalities*

45. Which of the following is TRUE of phenylketonuria?

- A. It results from a recessive gene.
- B. It is a chromosomal disorder.
- C. It results in death by 5 years of age.
- D. It is caused by an accumulation of lipids in the nervous system.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

46. Which of the following is a gene-linked abnormality?

- A. Down syndrome
- B.** Phenylketonuria (PKU)
- C. Turner syndrome
- D. Klinefelter syndrome

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

47. Tamera has a genetic disorder where her red blood cells take on a hook shape instead of the normal disk shape. The doctors tell Tamera's parents that she has \_\_\_\_\_, and that this condition also provides her with a resistance to malaria.

- A. Tay-Sachs disease
- B. sickle-cell anemia**
- C. leukemia
- D. Huntington's disease

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

48. Paul suffers from hemophilia. Suggest an appropriate treatment option for Paul's condition.

- A. Insulin
- B. Blood transfusions/injections**
- C. Physical therapy
- D. Corrective surgery at birth

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*



49. Samantha has been diagnosed with \_\_\_\_\_, which is a glandular dysfunction that interferes with mucus production.

- A.** cystic fibrosis
- B. Huntington's disease
- C. PKU
- D. Tay-Sachs disease

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

50. Mary and Jim are expecting a child, and prenatal diagnostic procedures have confirmed that the fetus has \_\_\_\_\_, a neural tube disorder that causes brain and spine abnormalities. Their physician has explained that this gene-linked abnormality could be treated with corrective surgery at birth, orthopedic devices, and physical or medical therapy.

- A. spina bifida
- B. Tay-Sachs disease
- C. PKU
- D. Huntington's disease

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

51. Lindsay's body does not produce enough insulin, causing an abnormal metabolism of sugar. She is receiving insulin treatment. Lindsay has:

- A. spina bifida.
- B. hemophilia.
- C. PKU.
- D.** diabetes.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

52. Joshua, 2, has been diagnosed with \_\_\_\_\_, a blood disorder that limits the body's oxygen supply and can cause joint swelling and heart and kidney failure. This genetic disorder can be treated through penicillin, pain medication, antibiotics, and blood transfusions, and his doctor has indicated that a study named Baby HUG may offer a better drug in the future.

- A. spina bifida
- B. Tay-Sachs disease
- C. sickle-cell anemia**
- D. Huntington's disease

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

53. Benny has been diagnosed with a gene-linked abnormality characterized by deceleration of mental and physical development caused by an accumulation of lipids in the nervous system. He has been put on medication and a special diet, but his family has been told that he will probably not live beyond the age of 5. Benny is suffering from:

- A. spina bifida.
- B. Tay-Sachs disease.**
- C. phenylketonuria.
- D. Huntington's disease.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

54. \_\_\_\_\_ is the field that seeks to discover the influence of heredity and environment on individual differences in human traits and development.

- A. Behavior influence
- B. Behavior therapy
- C. Behavior genetics
- D. Behavior development

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Behavior Genetics*

55. Rachel loves to read books and also encourages her daughter to read by regularly taking her to the local library and buying her lots of books. Rachel's daughter is now an avid reader. This reflects a(n) \_\_\_\_\_ correlation.

- A. passive genotype–environment
- B. evocative genotype–environment
- C. influential genotype–environment
- D. active (niche-picking) genotype–environment

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Passive Genotype-Environment Correlations*

56. Tracy's parents are avid sports fans. Since she was a child, they took her to numerous baseball and football games, and Tracy regularly watched the sports channel with her dad. When she was old enough, her parents made her join the little league team at her school and she performed well. This is an example of a(n):

- A. evocative genotype-environment correlation.
- B. active (niche-picking) genotype-environment correlation.
- C. passive genotype-environment correlation.
- D. gene-gene correlation.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Passive Genotype-Environment Correlations*



57. \_\_\_\_\_ correlations occur because a child's genetically influenced characteristics elicit certain types of environments.

- A. Passive genotype-environment
- B.** Evocative genotype-environment
- C. Influential genotype-environment
- D. Active (niche-picking) genotype-environment

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Evocative Genotype-Environment Correlations*

58. Charlie is a cooperative, attentive child who is a favorite at home and school and receives positive, instructive responses from adults. This is indicative of a(n):

- A. passive genotype-environment correlation.
- B. evocative genotype-environment correlation.**
- C. influential genotype-environment correlation.
- D. active (niche-picking) genotype-environment correlation.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Evocative Genotype-Environment Correlations*

59. Timothy is a quiet 6-year-old who is usually withdrawn in class. As a result, he does not receive much attention from his peers and mostly plays by himself. According to Sandra Scarr, this is an example of a(n):

- A. passive genotype-environment correlation.
- B. active (niche-picking) genotype-environment correlation.
- C. gene x environment interaction.
- D.** evocative genotype-environment correlation.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Evocative Genotype-Environment Correlations*

60. Brad is an athletic boy who is on every sports team in school. Stephen loves math and is part of his school's math club. These instances reflect \_\_\_\_\_ correlations that occur when children seek out environments that they find compatible and stimulating.

- A. passive genotype-environment
- B. evocative genotype-environment
- C. active (niche-picking) genotype-environment
- D. influential genotype-environment

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Active Genotype-Environment Correlations*

61. Which of the following is an example of a passive genotype-environment correlation?

- A. Uncooperative, distractible children receive more unpleasant and disciplinary action from parents and teachers.
- B. Outgoing children tend to seek out social contexts in which to interact with people.
- C. Parents who have a genetic predisposition to be musically inclined encourage their children to learn how to play a musical instrument.**
- D. Infants who smile more receive more attention from individuals in their social environment.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Passive Genotype-Environment Correlations*

62. The \_\_\_\_\_ view states that development is the result of an ongoing, bidirectional interchange between heredity and the environment.

- A. epigenetic
- B. biosocial
- C. sociogenetic
- D. congenital

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Epigenetic View*

63. \_\_\_\_\_ is the interaction of a specific measured variation in the DNA and a specific measured aspect of the environment.

- A. Heredity-environment correlation
- B. Evocative genotype-environment correlation
- C. Gene  $\times$  environment ( $G \times E$ ) interaction**
- D. Passive genotype-environment interaction

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Gene X Environment Interaction*

64. Which of the following is NOT considered an environmental influence when considering heredity-environmental interactions?

- A.** Intelligence
- B. Culture
- C. Parenting
- D. Viruses

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Heredity and Environment Interaction*



65. Prenatal development can be divided into three periods. Which of the following is in the correct order from conception to birth?

- A. Fertile; embryonic; postterm
- B. Preterm; germinal; postterm
- C. Gestational; germinal; postnatal
- D.** Germinal; embryonic; fetal

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Germinal Period*

66.

Rachel is in the first period of prenatal development. Even though she doesn't know it, she is in the \_\_\_\_\_ of prenatal development.

- A. fetal period
- B. embryonic period
- C. implantation period
- D. germinal period**

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Germinal Period*

67. The creation of the fertilized egg takes place in the \_\_\_\_\_ period of prenatal development.

- A. fetal
- B. embryonic
- C. implantation
- D. germinal**

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Germinal Period*

68. \_\_\_\_\_ refers to the attachment of the blastocyst to the uterine wall.

- A.** Implantation
- B. Conception
- C. Fertilization
- D. Involution

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Germinal Period*

69.

The \_\_\_\_\_ is the outer layer of cells of the blastocyst that later provides nutrition and support for the embryo.

- A. ectoderm
- B. perineum
- C. cytocyst
- D.** trophoblast

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Germinal Period*

70. Which of the following is a feature of the embryonic period of prenatal development?

- A. The creation of the fertilized egg
- B. Formation of the blastocyst
- C. The attachment of the zygote to the uterine wall
- D.** Formation of support systems for cells

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

71. Wren is 4 weeks pregnant. Which of the following stages of prenatal development is Wren currently in?

- A.** Embryonic
- B. Fetal
- C. Placental
- D. Germinal

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

72. The \_\_\_\_\_ consists of three layers of cells: the endoderm, the mesoderm, and the ectoderm.

- A. blastocyst
- B. fetus
- C. embryo
- D. trophoblast

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*



73. The inner layer of cells of the embryo is referred to as the:

- A. mesoderm.
- B. epidermis.
- C. endometrium.
- D.** endoderm.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

74. The embryo's \_\_\_\_\_ develops into the digestive and respiratory systems.

- A. ectoderm
- B.** endoderm
- C. trophoblast
- D. mesoderm

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

75. The outermost layer of the embryo is called the:

- A. mesoderm.
- B. cytoderm.
- C. endoderm.
- D.** ectoderm.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

76. The middle layer of the embryo is called the:

- A. mesoderm.
- B. cytoderm.
- C. endoderm.
- D. ectoderm.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

77. The \_\_\_\_\_ is a layer of the embryo, which will become the circulatory system, bones, muscles, excretory system, and reproductive system.

- A. endoderm
- B. ectoderm
- C. mesoderm
- D. epidermis

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

## Chapter 02 - Biological Beginnings

78. The \_\_\_\_\_ is a layer of the embryo, which will become the nervous system and brain, sensory receptors, and skin parts.

- A. mesoderm
- B. ectoderm**
- C. trophoblast
- D. endoderm

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

## Chapter 02 - Biological Beginnings

79. A group of tissues in which small blood vessels from the mother and offspring intertwine but do not connect is the:

- A. amnion.
- B. placenta.**
- C. embryo.
- D. umbilical cord.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

## Chapter 02 - Biological Beginnings

80. The structure that contains two arteries and one vein, and connects the developing embryo to the mother's body, is called the:

- A. amnion.
- B. placenta.
- C. embryo.
- D.** umbilical cord.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*



81. The \_\_\_\_\_ prevents large molecules like red blood cells and harmful substances, such as most bacteria and maternal wastes, from entering the fetus.

- A. umbilical cord
- B. placental wall**
- C. amniotic sheath
- D. ectoderm

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

82. The \_\_\_\_\_ is like a bag or an envelope and contains a clear fluid in which the developing embryo floats.

- A. placenta
- B. umbilical cord
- C. amnion
- D. cervix

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

83. The \_\_\_\_\_ provides an environment that is temperature- and humidity-controlled, as well as shockproof.

- A. placental wall
- B. pericardial fluid
- C. umbilical cord
- D.** amniotic fluid

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

84. Which of the following is a small molecule that would be able to pass through the placental wall?

- A. Red blood cells
- B. Carbon dioxide**
- C. Hormones
- D. Maternal wastes

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

85. Which of the following substances is a large molecule that would NOT be able to pass through the placental wall?

- A. Salt
- B. Water
- C. Hormones
- D. Carbon dioxide

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

86. Petra is at the fourth month of her pregnancy. Her unborn child is now referred to as a(n):

- A. gamete.
- B. zygote.
- C. fetus.
- D. embryo.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Fetal Period*

87. The fetus that Calista is carrying has reached the age of viability, meaning that it has a chance of surviving outside of the womb. Therefore, it can be inferred that Calista is \_\_\_\_\_ weeks pregnant.

- A. 4 to 8
- B. 16 to 18
- C. 24 to 25
- D. 10 to 12

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Fetal Period*

88. Which of the following organs or systems develops FIRST in prenatal development?

- A. Visual system
- B. Spinal cord**
- C. Urogenital system
- D. Liver

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Fetal Period*



89. Which of the following cannot pass through the placenta?

- A. Red blood cells
- B. Ethanol from alcohol
- C. Oxygen
- D. Salt

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

90. The phases of the brain's development during the prenatal period include all of the following EXCEPT:

- A. Formation of the neural tube
- B. Neurogenesis
- C. Neuronal migration
- D.** Synaptic pruning

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Brain Development*

Chapter 02 - Biological Beginnings

91. By the time babies are born, they have approximately \_\_\_\_\_ neurons.

- A. 10 million
- B. 200 million
- C. 1 billion
- D.** 100 billion

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Brain Development*

92. A strategy that can help to prevent neural tube defects is for women to take:

- A. food rich in vitamin C.
- B. adequate amounts of the B vitamin folic acid.**
- C. medication for diabetes.
- D. food that is not contaminated with mercury.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Brain Development*

Chapter 02 - Biological Beginnings

93. Neuronal migration occurs at approximately \_\_\_\_\_ weeks after conception.

- A. 1 to 8
- B. 3 to 12
- C. 4 to 15
- D.** 6 to 24

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Brain Development*

94. Gwendolyn is having a prenatal test where her doctor uses high-frequency sound waves directed into her abdomen to check on her fetus. She is most likely having a(n):

- A. chorionic villus sampling.
- B. triple screen.
- C. amniocentesis.
- D.** ultrasound sonography.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Ultrasound Sonography*

95. Which of the following is NOT a test used by physicians to determine whether a fetus is developing normally?

- A. Ultrasound sonography
- B. fetal MRI
- C. Maternal blood screening
- D.** Bayley Scales of Infant Assessment

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Diagnostic Tests*

96. Amniocentesis is typically performed between:

- A. the 2<sup>nd</sup> and 4<sup>th</sup> weeks of pregnancy.
- B. the 8<sup>th</sup> and 12<sup>th</sup> weeks of pregnancy.
- C. the 15<sup>th</sup> and 18<sup>th</sup> weeks of pregnancy.
- D. the 25<sup>th</sup> and 28<sup>th</sup> weeks of pregnancy.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Amniocentesis*



97. Typically a fetal MRI is used:

- A. after ultrasound sonography.
- B. at the same time as ultrasound sonography.
- C. before ultrasound sonography.
- D. never to assess the health of a developing fetus.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Fetal MRI*

98. In terms of maternal blood screening, the current blood test is called the \_\_\_\_\_ screen.

- A. single
- B. double
- C. triple**
- D. quadruple

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Blood Screening*

99. Esperanza is having a prenatal test to remove a small sample of the placenta for genetic testing. Identify the test that her doctor is performing.

- A.** Chorionic villus sampling
- B. Amniocentesis
- C. NIPD
- D. Triple screen

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Chorionic Villus Sampling*

100. The current maternal blood-screening test is called the triple screen because:

- A. it is performed three times.
- B. it diagnoses three diseases.
- C. it measures three substances in the mother's blood.
- D. it is the third prenatal diagnostic test performed in a pregnancy.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Blood Screening*

101. \_\_\_\_\_ mainly focuses on the isolation and examination of fetal cells circulating in the mother's blood and analysis of cell-free fetal DNA in maternal plasma.

- A. Amniocentesis
- B. Chorionic villus sampling (CVS)
- C. Noninvasive prenatal diagnosis (NIPD)
- D. Triple screen

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Fetal Sex Determination*

102. A teratogen is any agent that can cause:

- A. organogenesis.
- B. birth defects.**
- C. fetal movement.
- D. maternal back pain.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Teratogen*

103. Which of the following statements is TRUE regarding the impact of teratogens?

- A. Very few fetuses are exposed to teratogens, so it is easy to determine which teratogen causes which defect.
- B. Fetuses are safe from the effects of teratogens during the first trimester.
- C. Teratogens cause anatomical defects only after organogenesis is complete.
- D.** Exposure to teratogens does more damage when it occurs at some points in development than at others.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Teratogen*

104. During which period of development is the unborn baby MOST at risk of developing a structural defect due to the effects of a teratogen?

- A. At conception
- B. During the germinal period
- C. During the embryonic period
- D. During the fetal period

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Teratogen*



105. \_\_\_\_\_ act on the nervous system to alter states of consciousness, modify perceptions, and change moods.

- A. Antiemetics
- B. Biofeedback therapies
- C. Antihypertensives
- D.** Psychoactive drugs

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prescription and Nonprescription Drugs*

106. Which of the following is recommended by the U.S. Food and Drug Administration?

- A. Pregnant women should consume no caffeine or consume it only sparingly.
- B. Pregnant women can consume as much caffeine as they want in chocolate but not in coffee.
- C. Pregnant women can safely drink three cups of coffee each day after the third month of pregnancy.
- D. Pregnant women should avoid caffeine in soda or tea but can consume caffeine safely through coffee.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Caffeine*

107. According to studies, the effects of caffeine on pregnant women

- A. have been mixed.
- B. have demonstrated no ill effects.
- C. have demonstrated substantial ill effects.
- D. have not been studied to date.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Caffeine*

108. Which of the following is the U.S. Surgeon General's recommendation regarding alcohol intake during pregnancy?

- A. It is wise to consume alcohol in moderation at the time of conception.
- B. One or two servings of beer or wine a few days a week can have positive effects on the fetus.
- C. No alcohol should be consumed during pregnancy.**
- D. One or two servings of hard liquor a few days a week can have positive effects on the fetus.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Alcohol*

109. Alicia is pregnant and a heavy smoker. Which of the following is her baby MORE likely to have than is the baby of a nonsmoker?

- A. Facial and limb deformities
- B. Sudden infant death syndrome**
- C. Cleft palate
- D. Tremors and increased general irritability

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Nicotine*

110. Which of the following statements about cocaine use during pregnancy is true?

- A. Cocaine quickly crosses the placenta to reach the fetus.
- B. Cocaine is broken down in the mother's bloodstream before it can reach the fetus.
- C. Cocaine molecules are too large to pass through the placenta.
- D. Cocaine exposure during prenatal development has no negative effects on the fetus.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Cocaine*

111. Which of the following is TRUE about the effects of cocaine use by pregnant women?

- A. Cocaine exposure during prenatal development is associated with increased birth weight.
- B. Prenatal cocaine exposure has been linked to higher arousal.
- C. Cocaine exposure during prenatal development is associated with reduced length and head circumference.**
- D. Children born to cocaine users exhibit higher quality of reflexes at one month of age.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Cocaine*

112. Which of the following statements about the effects of marijuana exposure on offspring is true?

- A. Research has concluded that marijuana use by pregnant women is associated with memory deficits in their offspring.
- B. Research has indicated that mothers who use marijuana while pregnant have a higher risk of having a child who develops depression by age 10.
- C. Research has shown that mothers who use marijuana while pregnant risk their offspring using marijuana by age 14.
- D. Research has concluded that controlled doses of marijuana are associated with increased memory in the developing offspring.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Marijuana*



113. The most common treatment for heroin addiction, methadone, is associated with:

- A. very low birth weight in newborns.
- B. very severe withdrawal symptoms in newborns.**
- C. lower intelligence in children.
- D. lower quality of reflexes at one month of age.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Heroin*

114. Which of the following is NOT associated with the use of marijuana during pregnancy?

- A. Stillbirth
- B. Lower intelligence in children
- C. Use of marijuana by the offspring at a later age
- D.** High self-esteem

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Marijuana*

115. In terms of teratogenic effects, X-ray radiation is an example of:

- A. a prescription drug.
- B.** an environmental hazard.
- C. a maternal disease.
- D. a paternal factor.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Environmental Hazards*

116. Maternal obesity has been linked to all of the following EXCEPT:

- A. Stillbirth
- B. Diabetes
- C. Extreme preterm delivery
- D.** Cleft palate

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diet and Nutrition*

117. Which of the following diseases is transmitted to the newborn during delivery through the birth canal?

- A. Diabetes
- B. West Nile Virus
- C. Rubella
- D.** Genital herpes

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diseases*

118. Sylvia is almost nine months pregnant and very close to her delivery date. The doctors have found that she has an active case of genital herpes. Which of the following is the best course of action to prevent Sylvia's baby from contracting the disease?

- A.** Perform a cesarean section
- B. Terminate the pregnancy
- C. Deliver the baby through the birth canal
- D. Give the baby blood transfusions

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diseases*

119. Which of the following maternal diseases is likely to be transmitted to the infant through breast feeding?

- A. Rubella
- B. Syphilis
- C. Genital herpes
- D. AIDS**

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diseases*

120. Which of the following maternal diseases carries the risk of delivering very large infants, weighing 10 pounds or more?

- A. Genital herpes
- B. AIDS
- C. Gestational diabetes
- D. Syphilis

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diet and Nutrition*



121. Marlena, who just found out she is pregnant, has very poor eating habits. Her total calorie intake is very low. She eats very little protein and unbalanced amounts of vitamins and minerals. If she continues her present eating habits, which of the following is MOST likely to occur?

- A. The baby will not be affected.
- B. The baby will develop Down syndrome.
- C. The baby is more likely to be malformed.
- D. The baby is more likely to have severe withdrawal symptoms.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diet and Nutrition*

122. Priscilla just found out she is pregnant and her doctor prescribed a B-complex vitamin that promotes normal prenatal development and reduces the risk of preterm deliveries. Which of the following is the vitamin that Priscilla's doctor has prescribed?

- A. Thiamine
- B. Riboflavin
- C. Pantothenic acid
- D. Folic acid**

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diet and Nutrition*

123. What is the recommended daily dosage of folic acid for pregnant women, as issued by the U.S. Department of Health and Human Services?

- A. 100 milligrams
- B. 200 micrograms
- C. 200 milligrams
- D.** 400 micrograms

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Diet and Nutrition*

124. Identify the age group of women who are LEAST likely to obtain prenatal care.

- A. Late twenties
- B. Early thirties
- C. Adolescence**
- D. Early forties

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Maternal Age*

125. Which maternal age group has increased risk of low birth weight, preterm delivery, and fetal death?

- A. Eighteen years or younger
- B. Between 18 and 25 years
- C. Between 19 and 30 years
- D.** Thirty-five years and older

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Maternal Age*

126. According to a recent study, high levels of depression, anxiety, and stress during pregnancy were linked to:

- A. relationship problems.
- B. higher peer evaluations.
- C. physical disabilities.
- D.** hyperactivity.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Emotional States and Stress*

127. Julianne lost her baby early in her pregnancy. Which of the following paternal factors could have possibly led to this outcome?

- A. Her partner was overweight.
- B. Her partner was a heavy smoker, even during her pregnancy.**
- C. Her partner is deficient in vitamin C.
- D. Her partner was undergoing severe emotional stress during her pregnancy.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Paternal Factors*

128. \_\_\_\_\_ replaces traditional 15-minute physician visits with 90-minute peer group support settings and self-examination led by a physician or certified nurse-midwife.

- A. CenteringPregnancy
- B. The use of doulas
- C. The use of professional midwives
- D. Nurse Family Partnership

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Care*



129. This prenatal care program consists of approximately 50 home visits from the prenatal period through two years of age.

- A.** The Nurse Family Partnership
- B. CenteringPregnancy
- C. Maxx Family Life
- D. Prenatal Care Assistance Program

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Care*

130. The CenteringPregnancy program

- A. uses the newest prenatal diagnostic tests to assess the developing fetus.
- B.** uses group settings and longer sessions to help prepare women for positive pregnancy experiences.
- C. is not endorsed by physicians and midwives.
- D. has increased the number of preterm births and extremely preterm births among its participants.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Care*

131. In the United States, approximately how many infants are delivered by midwives?

- A. Less than 10 percent
- B. 30 percent
- C. 50 percent
- D. 75 percent

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Midwives*

132. The second stage of childbirth begins with the \_\_\_\_\_ and ends with the \_\_\_\_\_.

- A. emergence of the child's head; delivery of the placenta
- B. opening of the cervix; delivery of the child out of the mother
- C. emergence of the child's head; delivery of the child out of the mother
- D. opening of the cervix; delivery of the placenta

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Stages of Birth*

133. Naveen is entering the third stage of childbirth, also known as the \_\_\_\_\_ stage.

- A. postpartum
- B. umbilical procedure
- C. afterbirth
- D. detachment

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Stages of Birth*

134. \_\_\_\_\_ is the shortest of the three birth stages.

- A. Involution
- B. Afterbirth**
- C. Implantation
- D. Waterbirth

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Stages of Birth*

135. Which of the following is TRUE of the stages of childbirth?

- A. The first stage terminates when the baby completely emerges from the mother's body.
- B. Uterine contractions start in the final stage of the birth process.
- C. The first stage is the longest of the three birth stages.**
- D. The first stage of birth is longer for a woman who is having her second or third child.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Stages of Birth*

136. A \_\_\_\_\_ is a caregiver who provides continuous physical, emotional, and educational support for the mother before, during, and after childbirth.

- A. doula
- B. midwife
- C. physician
- D. paramedic

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Doulas*



137. The most common form of medication used during deliveries today is:

- A. antibiotics.
- B. an epidural block.**
- C. Pitocin.
- D. alcohol.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Medication*

138. A delivery in which no drugs are given to relieve pain or assist in the birth process is called:

- A. a cesarean delivery.
- B.** natural childbirth.
- C. induced childbirth.
- D. forced childbirth.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Natural and Prepared Childbirth*

139. Karen is preparing to give birth to her child and has requested that no drugs be administered to help relieve pain or assist in the birth. Karen wants:

- A. a cesarean delivery.
- B.** natural childbirth.
- C. induced childbirth.
- D. forced childbirth.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Natural and Prepared Childbirth*

140. \_\_\_\_\_ position refers to the baby's position in the uterus that causes the buttocks to be the first part to emerge from the vagina.

- A. Fetal
- B. Breech**
- C. Asynclitic
- D. Standard

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Cesarean Delivery*

141. Which of the following techniques is used to overcome the threat of problems related to the breech position during delivery?

- A. Massage therapy
- B. Music therapy
- C. Acupuncture
- D.** Cesarean section

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Cesarean Delivery*

142. Which of the following is a threat to the infant caused by the breech position?

- A. Bone malformation
- B. Down syndrome
- C. Respiratory problems
- D. Spina bifida

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Cesarean Delivery*

143. Pilar is using non-medical techniques for pain management during labor; she has someone insert fine needles into specific locations of her body. She is most likely using:

- A. acupressure.
- B.** acupuncture.
- C. aromatherapy.
- D. allostasis.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Other Nonmedicated Techniques*

144. What is the rationale for the practice of waterbirth?

- A. Water pressure reduces the strain of contractions.
- B. It creates an environment similar to that inside the amniotic sac.**
- C. Getting into water speeds up the labor process.
- D. Water makes the contractions more intense.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Other Nonmedicated Techniques*



145. The Apgar Scale is a method used to assess the health of newborns. A score of 3 would indicate:

- A. that the newborn's condition is good.
- B. that there may be some developmental difficulties.
- C. an emergency because the baby's survival is in doubt.
- D. that the evaluator has not made a proper reading.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Assessing the Newborn*

146. In assessing the health of newborns, the \_\_\_\_\_ identifies high-risk infants who need resuscitation.

- A. Rogers-Randall Assessment
- B. Brazelton Neonatal Behavioral Assessment Scale
- C. Wechsler Infant Intelligence Scale
- D.** Apgar Scale

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Assessing the Newborn*

147. Which of the following is the Apgar Scale especially good at determining?

- A. The severity of limb deformities of the newborn
- B. Identifying the newborn's susceptibility to common postnatal complications
- C. The newborn's ability to respond to stress of delivery
- D. The newborn's lactose tolerance

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Assessing the Newborn*

148. Dakota was born after 40 weeks of gestation and weighed 4 pounds. Dakota would be considered:

- A. preterm.
- B. premature.
- C. low birth weight.
- D. normal and average for babies born today.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Low Birth Weight and Preterm Infants*

149. Malorie was born during her mother's 32nd week of pregnancy. Malorie would be termed a \_\_\_\_\_ baby.

- A. preterm
- B. premature
- C. low birth weight
- D. normal and average

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Low Birth Weight and Preterm Infants*

150. Juan-Carlos was born full term but was underweight for his gestational age. He would be considered:

- A. preterm.
- B. premature.
- C. normal.
- D.** small for date.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Low Birth Weight and Preterm Infants*

151. Sidra has a baby that was born at 27 weeks. Her baby is considered to be a:

- A. very preterm infant.
- B. moderately preterm infant.
- C. mildly preterm infant.
- D.** extremely preterm infant.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Low Birth Weight and Preterm Infants*

152. The use of progestin by pregnant women has resulted in:

- A. more low birth weight infants.
- B.** fewer preterm deliveries.
- C. increased maternal obesity.
- D. decrease in social support.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Low Birth Weight and Preterm Infants*



153. Approximately what percentage of low birth weight infants end up enrolled in special education programs?

- A. 10 percent
- B. 25 percent
- C. 50 percent**
- D. 75 percent

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Consequences of Low Birth Weight*

154. \_\_\_\_\_ care involves skin-to-skin contact in which the baby, wearing only a diaper, is held upright against the parent's bare chest.

- A.** Kangaroo
- B. Koala
- C. Panda
- D. Cuddle

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Nurturing Low Birth Weight and Preterm Infants*

155. The formation of a connection, especially a physical one between parents and the newborn, is called:

- A. bonding.
- B. connecting.
- C. conjoining.
- D. basking.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Bonding*

156. The period that follows the birth of a child is called:

- A. postpartum.
- B. post delivery.
- C. prepartum.
- D. antepartum.

*APA LO: 1.1*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.6: Explain the changes that take place in the postpartum period.*

*Topic: Postpartum Period*

157. Mariah has given birth to a baby girl. Even one month after delivery, she is experiencing very strong feelings of sadness and anxiety. She is so morose that she is having trouble coping with daily tasks. Mariah is most likely suffering from:

- A. posttraumatic stress disorder.
- B. postpartum blues.
- C. paranoid schizophrenia.
- D.** postpartum depression.

*APA LO: 1.3*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.6: Explain the changes that take place in the postpartum period.*

*Topic: Postpartum Depression*

158. Recent studies suggest that depression during pregnancy, physical abuse, and a migrant status were all predictors of:

- A. postpartum depression.
- B. the baby blues.
- C. increased psychological well-being.
- D. increased self-efficacy.

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.6: Explain the changes that take place in the postpartum period.*

*Topic: Postpartum Period*

159. All of the following are ways to effectively treat postpartum depression EXCEPT:

- A. Exercise
- B. Antidepressant drugs
- C. Cognitive Therapy
- D.** Withdrawal of social support

*APA LO: 1.2*

*Accessibility: Keyboard Navigation*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.6: Explain the changes that take place in the postpartum period.*

*Topic: Postpartum Period*

### **Fill in the Blank Questions**

### **Identification Questions**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Adaptive Behavior*

160. Behavior that promotes an organism's survival in the natural habitat.

**Adaptive behavior**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Adaptive Behavior*

161. A psychological perspective that emphasizes the importance of adaptation, reproduction, and "survival of the fittest" in shaping human behavior.

**Evolutionary psychology**

*APA LO: 1.2*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.1: Discuss the evolutionary perspective on life-span development.*

*Topic: Evolutionary Psychology*

162. A complex molecule, with a double helix shape, that contains genetic information.

**DNA (deoxyribonucleic acid)**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*



163. Short segments of DNA which are located on the chromosomes. These are considered to be the basic units of hereditary information.

## **Genes**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Genes*

164. Cell division in the eggs and sperms. A cell duplicates its chromosomes and divides twice. This leads to the formation of four cells that contain only half of the genetic material of the parent cell.

## **Meiosis**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Meiosis*

165. Xiomarra is tall with dark, curly hair and brown eyes. She is outgoing and friendly. Name these observable characteristics of her genetic makeup.

## **Phenotype**

*APA LO: 1.3*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Sources of Variability*

166. A chromosomal abnormality that is characterized by an extra copy of chromosome 21. A person with this disorder typically has a round face, a flattened skull, an extra fold of skin over the eyelids, a protruding tongue, short limbs, and retardation of motor and mental abilities.

### **Down syndrome**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Down Syndrome*

167. The period of prenatal development that occurs two to eight weeks after conception. During this time, the rate of cell differentiation intensifies, support systems for the cells form, and organs appear.

### **Embryonic period**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

168. This process, which takes place at approximately 6 to 24 weeks after conception, involves cells moving from their point of origin to their appropriate locations and creating the different levels, structures, and regions of the brain.

### **Neuronal migration**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Brain Development*

169. A prenatal medical procedure in which a sample of amniotic fluid is withdrawn by syringe and tested for chromosomal or metabolic disorders.

### **Amniocentesis**

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Amniocentesis*

### **Short Answer Questions**

170. List five gene-linked abnormalities.

Cystic fibrosis, diabetes, hemophilia, Huntington's disease, sickle-cell anemia, spina bifida, Tay-Sachs disease, and phenylketonuria (PKU) are all gene-linked abnormalities.

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.2: Describe the mechanisms of heredity in normal and abnormal human development.*

*Topic: Gene-Linked Chromosomal Abnormalities*

171. What are the three ways that heredity and environment are correlated, as described by behavior geneticist Sandra Scarr?

Behavior geneticist Sandra Scarr described three ways that heredity and environment are correlated:

*APA LO: 1.1*

*Bloom's Taxonomy: Remember*

*Difficulty Level: Easy*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Heredity and Environment Interaction*

172. Assume that in the case study of the Jim and Jim twins it is found that their similar development trajectories were a result of similar temperament and interests which caused them to seek out similar environments which were compatible and stimulating to them. Which heredity-environment correlation is reflected in this scenario?

This would reflect the active (niche-picking) genotype-environment correlation that occurs when children seek out environments that they find compatible and stimulating.

*APA LO: 1.3*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Heredity and Environment Interaction*

173. Define gene×environment (G×E) interaction. Give an example of a study (either your own or one from the book) that could illustrate the interaction between genes and the environment.

Gene×environment (G×E) interaction refers to the interaction of a specific measured variation in the DNA and a specific measured aspect of the environment. In a study, adults who experienced parental loss as young children were more likely to have unresolved attachment issues as adults only when they had the short version of the 5-HTTLPR gene (Caspers & others, 2009). The long version of the serotonin transporter gene apparently provided some protection and ability to cope better with parental loss.

*APA LO: 1.3*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.3: Explain how heredity and environment interact in human development.*

*Topic: Gene X Environment Interaction*

174. List and describe the three layers of cells that form the embryo.

The innermost layer is the endoderm, which will develop into the digestive and respiratory systems. The middle layer is the mesoderm, which will become the circulatory system, bones, muscles, excretory system, and reproductive system. The outermost layer is the ectoderm, which will become the nervous system, sensory receptors, and skin parts.

*APA LO: 1.2*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Embryonic Period*

175. Define and give an example of a teratogen.

A teratogen is any agent that can potentially cause a birth defect or negatively alter cognitive and behavioral outcomes. Teratogens include drugs, incompatible blood types, environmental pollutants, infectious diseases, nutritional deficiencies, maternal stress, and advanced maternal and paternal age.

*APA LO: 1.3*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Teratogen*

176. Describe the effect of alcohol on pregnancy.

Heavy drinking by pregnant women can be devastating to their offspring. Fetal alcohol spectrum disorders (FASD) are a cluster of abnormalities and problems that appear in the offspring of mothers who drink alcohol heavily during pregnancy. The abnormalities include facial deformities and defective limbs, face, and heart. Most children with FASD have learning problems and many are below average in intelligence, with some that are mentally retarded.

*APA LO: 1.2*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Alcohol*

177. Describe the characteristics of the CenteringPregnancy program, designed to improve prenatal care for pregnant women.

This program is relationship-centered and provides prenatal care in a group setting. It replaces 15-minute physician visits with 90-minute peer group support sessions and self-examination led by a physician or certified nurse-midwife. Groups of up to 10 women (and often their partners) meet regularly beginning at 12 to 16 weeks of pregnancy. Its goal is to empower women to play an active role in experiencing a positive pregnancy.

*APA LO: 1.2*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.4: Describe prenatal development, including environmental influences.*

*Topic: Prenatal Care*

178. Janelle is considering hiring a doula to help with childbirth. What is a doula and how are they different from midwives?

Doula is a Greek word that means “a woman who helps.” A doula is a caregiver who provides continuous physical, emotional, and educational support for the mother before, during, and after childbirth. Doulas remain with the parents throughout labor, assessing and responding to the mother’s needs. In the United States, most doulas work as independent providers hired by the expectant parents. Doulas typically function as part of a “birthing team,” serving as an adjunct to the midwife or the hospital’s obstetric staff.

*APA LO: 1.2*

*Bloom's Taxonomy: Understand*

*Difficulty Level: Medium*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Doulas*

Chapter 02 - Biological Beginnings

179. Bronwyn is interested in using non-medical techniques to assist her with dealing with pain during childbirth. Based on the text and class discussion, what are the two best options available to her, and why?

Some new nonmedicated techniques used in childbirth to reduce stress and pain are waterbirth, massage, acupuncture, hypnosis, and music therapy.

*APA LO: 1.3*

*Bloom's Taxonomy: Apply*

*Difficulty Level: Hard*

*Learning Objective: 2.5: Describe the birth process.*

*Topic: Other Nonmedicated Techniques*