

**Chapter 2: Professional Associations in Counseling and Related Fields**

**Multiple Choice**

1. An analogy provided by the author of membership in professional organizations is that of a(n) \_\_\_\_\_.
- A. Door
  - B. Elevator
  - C. Home
  - D. Universe

**ANS: C PG: 19**

2. There are many benefits of joining a professional association, some of which are listed below. Which of the following is generally *not* a benefit?
- A. A sense of belonging
  - B. Lobbying efforts for policy issues
  - C. Conferences, workshops, and scholarly publications
  - D. Attainment of licensure through the association (e.g., LPC)
  - E. Awards and fellowship ("a sense of belonging")

**ANS: D PG: 21**

3. Lobbying by professional organizations is widely considered to be:
- A. Important and effective
  - B. Overrated
  - C. A past trend that is waning
  - D. A conflict of interest

**ANS: A PG: 20**

4. All but which of the following is true of the American Counseling Association?
- A. It is the largest counseling association in the world
  - B. It has 19 divisions
  - C. It can be traced back to 1913 and the founding of the National Vocational Guidance Association
  - D. It originally split off from the National Association of Social Workers

**ANS: D PG: 22**

5. The ACA charter states that it is the organization's goal to promote respect for human \_\_\_\_\_ and \_\_\_\_\_.
- A. Behaviors/social justice issues
  - B. Dignity/diversity
  - C. Rights/social justice issues
  - D. Beings/animal rights

**ANS: B PG: 22**

6. ACA membership provides for subscriptions to the *Journal of Counseling and Development* and \_\_\_\_\_.  
A. *Psychological Review*  
B. *American Psychologist*  
C. *Psychology Today*  
D. *Counseling Today*

**ANS: D PG: 22**

7. One who wishes to create his or her own division of the ACA should address all of the following issues except:  
A. Cost  
B. Statement of purpose  
C. Benefits  
D. A preliminary list of board members

**ANS: D PG: 23**

8. The American Counseling Association with its divisions and branches is:  
A. Limited to the United States  
B. Limited to "The Americas" (The United States, Central America, South America and U.S. territories)  
C. Located and prospering in more than 120 countries worldwide  
D. Found in the United States, Latin America and Europe

**ANS: D PG: 23**

9. Which of the following is *not* an affiliate of or professional partner with ACA?  
A. The ACA Insurance Trust  
B. The ACA Foundation  
C. ACA Travel  
D. CACREP  
E. NBCC

**ANS: C PG: 23**

10. This affiliate of ACA provides liability insurance for its members.  
A. ACAIT  
B. ACAF  
C. CACREP  
D. CSI

**ANS: A PG: 23**

11. The American Counseling Association Foundation provides all the following services except:  
A. A corporate-style wellness program  
B. Support for the needy  
C. Scholarships  
D. Recognition of outstanding professionals

**ANS: A PG: 23**

12. Which is true about the divisions of ACA?

- A. Almost all of them have a journal
- B. One must join ACA to be a member of every division
- C. According to the ACA bylaws, they must all offer the same benefits
- D. According to the ACA bylaws, they must all charge the same membership fee
- E. All of the above are true

**ANS: A PG: 24**

13. Which affiliate of ACA is an honor society that promotes scholarly activities, leadership, professionalism, and excellence?

- A. ACA Insurance Trust
- B. Chi Sigma Iota
- C. Council for Accreditation of Counseling and Related Educational Programs
- D. National Board for Certified Counselors
- E. Council on Rehabilitation Education

**ANS: B PG: 23, 27**

14. Which ACA division is dedicated to the issue of enhancing the lives of persons with disabilities?

- A. ARCA
- B. ASCA
- C. NCDA
- D. AMCD
- E. NRCA

**ANS: A PG: 25**

15. The main purpose of this association for clinical counselors is to represent its counselors and to “advocate for client-access to quality services within the health care industry.”

- A. ARCA
- B. ASCA
- C. AMHCA
- D. AMCD
- E. ACCA

**ANS: C PG: 25**

16. The main purpose of this association is to promote its professionals and activities that affect the personal, educational, and career development of students. These members also work with parents, educators, and community members to provide a positive learning environment.

- A. ARCA
- B. ASCA
- C. AMHCA
- D. AMCD

**ANS: B PG: 26**

17. ACAs division dedicated to enhancing the lives of persons with disabilities?

- A. ARCA
- B. ASCA

- C. NCDA
- D. AMCD

**ANS: A PG: 25**

18. The National Board for Certified Counselors:

- A. Is a division of ACA
- B. Provides national certification and licensure for counselors
- C. Provides national licensure for counselors
- D. Is a credentialing boards that oversees a number of national certifications in counseling
- E. Accredits counselors

**ANS: D PG: 27**

19. Ending inequity, injustice, and oppression is the stated mission of:

- A. The Association for Values and Justice in Counseling
- B. Social Action in Counseling Association
- C. Counselors for Social Justice
- D. Human Rights Watch

**ANS: C PG: 26**

20. Which is *not* true of ACA?

- A. It has 19 divisions
- B. It has 6 affiliates or professional partners
- C. It has 56 state and international branches
- D. It has 4 national regions
- E. All of the above is true

**ANS: E PG: 28**

21. The National Rehabilitation Counseling Association is \_\_\_\_\_.

- A. A division of ACA
- B. A branch of ACA
- C. A division of the American Rehabilitation Counseling Association
- D. Unaffiliated with ACA

**ANS: D PG: 28**

22. The American Art Therapy Association is open to any \_\_\_\_\_.

- A. Counselor
- B. Art therapy practitioner
- C. Counselor, art therapist and artist
- D. Individual interested in art therapy

**ANS: D PG: 28**

23. The International Association of Marriage and Family Counselors is \_\_\_\_\_ and the American Association of Marriage and Family Therapy is \_\_\_\_\_:

- A. A standalone association; division of ACA

- B. A division of ACA; a standalone association
- C. A division of ACA; a division of ACA
- D. A standalone association; a standalone association

**ANS: B PG: 29**

24. The American Association of Pastoral Counselors is:

- A. A division of ACA
- B. An affiliate of ACA
- C. A standalone association
- D. An association that supports the importance of trying to have clients embrace specific religious values

**ANS: C PG: 29**

25. This association has developed the *Diagnostic and Statistical Manual* and its main purpose is “ensure humane care and effective treatment for all persons with mental disorder, including mental retardation and substance-related disorders.”

- A. American Psychiatric Association
- B. American Psychological Association
- C. National Association of Social Workers
- D. American Psychiatric Nurses Association
- E. National Organization of Human Services

**ANS: A PG: 30**

26. This association, with 7,500 members, is committed to psychiatric mental health and its purpose is to focus on the “prevention of mental health problems and the care and treatment of persons with psychiatric disorders.”

- A. American Psychiatric Association
- B. American Psychological Association
- C. National Association of Social Workers
- D. American Psychiatric Nurses Association
- E. National Organization of Human Services

**ANS: D PG: 30**

27. Founded in 1955, today this association has 145,000 members and its stated purpose is “to enhance the professional growth and development of its members, to create and maintain professional standards, and to advance sound social policies.”

- A. American Psychiatric Association
- B. American Psychological Association
- C. National Association of Social Workers
- D. American psychiatric Nurses Association
- E. National Organization of Human Services

**ANS: C PG: 30**

28. Individuals who belong to this association generally work in the schools. The main purpose of this association is to support professionals who “enhance the learning and mental health of all children.”

- A. American Psychiatric Association
- B. American Psychological Association

- C. National Association of Social Workers
- D. National Association of School Psychologists
- E. American School Counseling Association

**ANS: D PG: 30**

29. The National Organization for Human Services is:
- A. mostly geared toward undergraduates
  - B. mostly geared toward graduate students
  - C. focuses mostly on in-depth counseling and psychotherapy
  - D. is a division of ACA

**ANS: A PG: 31**

31. A properly certified NRCA rehabilitation counselor is known as a(n):
- A. Licensed rehabilitation counselor (LRC)
  - B. Nationally registered rehabilitation counselor (NRRC)
  - C. Authorized rehabilitation counselor (ARC)
  - D. Certified rehabilitation counselor (CRC)

**ANS: D PG: 31**

**True/False**

- 32. One can join many of the divisions of ACA without joining ACA (p. 23) (T).
- 33. CACREP is a division of ACA (p. 23) (F).
- 34. CSI is a division of ACA (p. 27) (F).
- 35. ACA has 19 divisions, 6 state and international branches, and 4 regions (p. 28) (T).
- 36. AAMFT is a division of ACA (p. 2) (F).
- 37. The American Psychiatric Association and the American Psychological Association use the same acronym (APA) (p. 29) (T).
- 38. The NASW is a national organization of undergraduate human service professionals. (p. 31) (F).
- 39. The focus of school psychology is very similar to the focus of counseling and clinical psychology (p. 39) (F).
- 40. NRCA is not a division of ACA. (p. 31) (T)

**Fill in the Blank**

Below are the acronyms of the 19 divisions of the American Counseling Association (ACA). Fill in their complete names in the space provided. (p. 12)

AACE \_\_\_\_\_  
AADA \_\_\_\_\_  
ACC \_\_\_\_\_  
ACCA \_\_\_\_\_  
ACEG \_\_\_\_\_

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AMCD \_\_\_\_\_

AMHCA \_\_\_\_\_

ARCA \_\_\_\_\_

ASCA \_\_\_\_\_

ASERVIC \_\_\_\_\_

ASGW \_\_\_\_\_

C-AHEAD \_\_\_\_\_

CSJ \_\_\_\_\_

IAAOC \_\_\_\_\_

IAMFC \_\_\_\_\_

NCDA \_\_\_\_\_

NECA \_\_\_\_\_